

1-The Proud Trust <https://www.theproudtrust.org/>

A local organisation that helps LGBT+ young people empower themselves, to make a positive change for themselves, and their communities. This website could be very useful for young people and carers looking to find local support (e.g. youth groups and events), and learn about topics such as LGBT+ language, rights and history.

2- Mermaids <https://mermaidsuk.org.uk/>

A national charity supporting transgender and gender-diverse children (under 20s), as well their families and professionals involved in their care. The website details Mermaids' various support services, such as their helpline and safe online forum for trans youth, as well as lots of key information for trans children and their carers.

3- Gendered Intelligence <http://genderedintelligence.co.uk/>

GI is a national charity working to increase understandings of gender diversity. They specialise in supporting young trans people aged 8-25, offering support and resources.

4- Colours Youth <https://www.instagram.com/coloursyouthuk/?hl=en>

An organisation supporting young LGBTQ+ people of colour to explore and celebrate who they are, particularly through their amazing annual Colours Youth Festival in Manchester.

5- The Trevor Project <https://www.thetrevorproject.org/resources/>

An American organization providing crisis intervention and suicide prevention services to LGBTQ+ young people under 25. Though the support facilities such as the helpline are available only in the US, this website provides a lot of broadly applicable information and resources e.g. a 'coming out' helpbook, specific support for BAME queer youth, information on religion and being LGBTQ+, and an instagram safety booklet.

6- Shout <https://www.giveusashout.org/>

A crisis text service - available 24/7 and free on all major mobile networks. Not specifically for LGBTQ+ youth but can be used by anyone in crisis anytime, anywhere.

7- Allsorts Youth Project <https://www.allsortsyouth.org.uk/>

A Sussex based charity supporting LGBTQ+ youth and their parents. Their website highlights useful information, resources and virtual support; the FAQ page is particularly good for addressing concerns that LGBTQ+ young people or their parents may have.

8- Thems Health <https://themshealth.com/welcome>

A community-focused online resource for non-binary fitness, nutrition, bodily health, mental health, sexuality, and identity. Mostly based on Instagram, health and wellness professionals answer anonymous questions directly from the non-binary and trans community, based on their experience as nurse practitioners, therapists, nutritionists etc.

8- LGBT Foundation <https://lgbt.foundation/>

A Manchester based charity supporting LGBT+ people to increase their skills, knowledge and self-confidence to improve and maintain their health and wellbeing. Not specifically for young people (see Proud Trust at the top of the list instead) but a good, local resource for LGBT+ parents or those looking for extra information or signposting.

9- AKT (the Albert Kennedy Trust) <https://www.akt.org.uk/>

A national charity supporting LGBTQ+ young people aged 16-25 in the uk who are facing or experiencing homelessness or living in a hostile environment. Though most of the students at Marple Hall are younger than 16 this is a useful organisation to be aware of, or for signposting to more specific services.